

  
 National Addiction Workforce Development

**Midland Region Addiction Workshop**  
*“Working together in the new world”*

**Addiction Consumer Perspective**

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 Braeside Motel, Barnard Road Rotorua  
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 National Addiction Workforce Development

**Who are we?**

- 2004: Established when the Ministry of Health contracted the National Addiction Centre (University of Otago).
- 2008: Moved to Wellington, now hosted by Te Rau Matatini (National Māori Health Workforce Development Centre), which provides shared services and governance.
- Overseen by an Advisory Group, made up of addiction stakeholders, which informs and supports Matua Raki to achieve its work programme.
- The name Matua Raki describes the “passion and commitment” of the addiction treatment sector and its drive for excellence.

  
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**Workforce development**

- Multidisciplinary approach.
- Targets addiction workforce, and other workforces who offer related services (i.e. Justice, Corrections, CYF).
- Enhances capability and capacity.
- Aimed at individuals, organisations and structures.

  
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**Projects**

**Include:**

- **Methamphetamine**  
Developing initiatives as part of the Government’s Action Plan.
- **Primary Care**  
AOD resources and training packages developed for primary health service staff.
- **Forecasting**  
Developing a forecasting tool to accurately predict numbers of workforce needed into the future.
- **Co-existing problems (CEP)**  
Initiatives aimed at improving services for people with both addiction and mental health problems.
- **Recruitment**  
Aimed at gaining more qualified and skilled staff, particularly to address the ageing workforce and reflect the ethnic composition of people presenting to services.

  
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**Consumer Projects:**

- Consumer Leadership Group
- Consumer and Peer roles
- Consumer regional forums
- Consumer newsletter

  
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**Strategic alignment:**

- **STANDARD 2.5 - Consumer Participation:**  
*“Consumers are involved in the planning, implementation, and evaluation at all levels of the service to ensure services are responsive to the needs of individuals”.*  
(Health and disabilities services (core) standards: NZS 8134.1.22008, Wellington: Standards New Zealand).
- **Leading Challenge: Workforce and Culture for Recovery**  
**4.6 Support the development of a service user workforce**  
(Minister of Health, 2006. Te Kōkiri: The Mental Health and Addiction Action Plan 2006–2015. Wellington: Ministry of Health).

## WORKSHOP QUESTIONS

### Consumer and Peer Roles:

- **Consumer Advisor**
- **Consumer Advocate**
- **Peer Support**

### Consumer Advisor:

- What is a Consumer Advisor?
- Where are they located within the organisation?
- What are the key tasks?
- Who do they have functional relationships with in the organisation?

### Consumer Advocate:

- What is a Consumer Advocate?
- Where are they located?
- What are the key tasks?
- Who do they have functional relationships??

### Peer Support:

- What is Peer Support?
- Where are they located?
- What are the key tasks?
- Who do they have functional relationships with in the organisation?

### Consumer Advisor:

- **Systems focussed:**  
Policies and procedures
- **Located at management level**  
External or internal to addiction treatment service
- **Developing a range of mechanisms to gain feedback**

### Consumer Advocate:

- **Individual advocacy:**  
Solution-focussed approach by educating and empowering consumers to resolve issues
- **Support:**  
Assisting the consumer throughout process
- **Located:**  
External to addiction treatment services

## Peer Support:

- **Support consumers with their JOURNEY**
  - Hope
  - Choice
  - Empowerment
  - Recovery environment
  - Spirituality, meaning and purpose
- **Develop and maintain relationships:**
  - with consumers, whānau and natural supports
- At an individual and/or group level
- **Located:**
  - External or internal to addiction treatment service

## For more information:

Visit the Matua Raki website:

[www.matuaraki.org.nz](http://www.matuaraki.org.nz)