



Involving Family, Whānau in CAMH/AOD Services



Trish Lumb
Family, Whānau Advisor

‘The Passionate Voice of Family Whānau’ Workshop

The Werry Centre Family, Whānau Advisor Role

- Provide a family, whānau perspective to workforce development initiatives undertaken by the Werry Centre.
- Family, Whānau Participation Project
 - PIP Workshops
 - Support services to develop specific plans around family, whānau inclusion.
- Provide support to Family, whānau in advisory positions in CAMH/AOD services



Family, Whānau involvement in CAMH/AOD services

- Issues for family, whānau in other services similar but also different
- Investing in family inclusion helps make mental health and addiction services more effective.
- Most children or young people using mental health services are likely to still be living with their family or whānau



Family, Whānau Involvement in CAMH/AOD Services

- Meets the needs of the child or young person within the context of their family, whānau
- Families who are directly involved in supporting their child or young person can help improve their therapeutic outcomes.
- Family inclusion can also help families to build the strengths and resilience they need to support their child or young person in the future.



How can we ensure appropriate family, whānau involvement in services?

- Good Family, Whānau Policy
- Support from services - Management
 - Clinicians
- Funding for positions and initiatives
- Family, whānau led strategies and initiatives

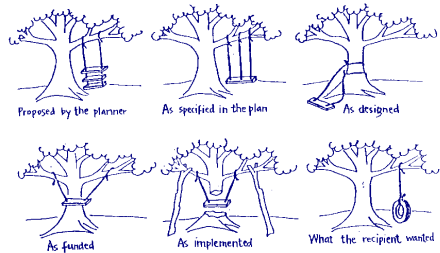


Family, Whānau Led Strategies and Initiatives:

- Study the needs of the service community
- Explore strategies other services have used or initiatives they have in place
- Consult with family, whānau who have used the service
- Plan strategies using a partnership approach family, whānau, clinicians and management



The Plan



Kelly Hyde
Accountability Solutions, Inc.



Some Strategies and Initiatives

- Forums
- Reference Groups
- Advisory Groups
 - Consumer and family, whānau
- DHB Family, Whānau Advisors
 - CAMHS/AOD Family Advisors



Forums

- Organised and facilitated by family, whānau
- For family and whānau of present and past CAMH/AoD child and youth consumers
- Excellent opportunity for input and feedback and an opportunity to forward information to the service community
- Education sessions for family, whānau
- Networking opportunities – support NGOs etc.



Reference Groups



- Family Whānau led
- Voluntary – reimbursed for meetings
- For consultation and feedback on all service issues that effect family, whānau.
- Work on specific projects (group and service)



Advisory Groups

- Family whānau and/or consumer led
- Voluntary – reimbursed for meetings and advisory work
- Advise within the CAMH/AOD teams
- Advise at management level
- Work on specific projects (group and service)



CAF Family Advisor Role at the CDHB

- Represent the needs and interests of family, whānau of children or youth consumers with the goal of minimising the impact and distress that may be caused by mental health issues.
- Advise the service on current issues affecting family, whānau.
- Provide a family, whānau perspective to the planning, development, delivery and evaluation of services.



What kind of things can family, whānau be involved in?



Input and information from family, whānau and community.

Input into service policy and service development



Team meetings, Service meetings – service delivery



Design of buildings, inpatient/outpatient services and reception areas



What kind of things can family, whānau be involved in?



Appropriate waiting areas



Education of staff and families



Evaluation of services



Staff interview panels

Questions

- What level of family, whānau involvement does your Mental Health Service have? (from treatment to systems advocacy)
- Is it in line with either DHB or national policy?
- What strategies or initiatives would you like to see put in place?

Feedback and discussion – How can we move this along?



The Werry Centre
for Child and Adolescent Mental Health
Workforce Development

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