



NHI number:

Gender: Male/Female

Date: __/__/__

Circle the response under each category which best reflects the way you think your relative is feeling.

Wairua

1. I feel that the spiritual health of my relative is extremely good at present
2. I feel that the spiritual health of my relative is good at present
3. I feel that the spiritual health of my relative is just okay at present
4. I feel that the spiritual health of my relative is not good at present
5. I feel that the spiritual health of my relative is very bad at present

Tinana

1. I feel that the physical health of my relative is extremely good at present
2. I feel that the physical health of my relative is good at present
3. I feel that the physical health of my relative is just okay at present
4. I feel that the physical health of my relative is not good at present
5. I feel that the physical health of my relative is very bad at present

Hinengaro

1. I feel that the mental health of my relative is extremely good at present
2. I feel that the mental health of my relative is good at present
3. I feel that the mental health of my relative is just okay at present
4. I feel that the mental health of my relative is not good at present
5. I feel that the mental health of my relative is very bad at present

Whānau

1. I feel that the relationships my relative has with our whānau are extremely good at present
2. I feel that the relationships my relative has with our whānau are good at present
3. I feel that the relationships my relative has with our whānau are just okay at present
4. I feel that the relationships my relative has with our whānau are not good at present
5. I feel that the relationships my relative has with our whānau are very bad at present



NHI number:

Gender: Male/Female

Date: __/__/__

Circle the response under each category which best reflects the way you are feeling

Wairua

1. I feel that my spiritual health is extremely good at present
2. I feel that my spiritual health is good at present
3. I feel that my spiritual health is just okay at present
4. I feel that my spiritual health is not good at present
5. I feel that my spiritual health is very bad at present

Tinana

1. I feel that my physical health is extremely good at present
2. I feel that my physical health is good at present
3. I feel that my physical health is just okay at present
4. I feel that my physical health is not good at present
5. I feel that my physical health is very bad at present

Hinengaro

1. I feel that my mental health is extremely good at present
2. I feel that my mental health is good at present
3. I feel that my mental health is just okay at present
4. I feel that my mental health is not good at present
5. I feel that my mental health is very bad at present

Whānau

1. I feel that my relationships with my whānau are extremely good at present
2. I feel that my relationships with my whānau are good at present
3. I feel that my relationships with my whānau are just okay at present
4. I feel that my relationships with my whānau are not good at present
5. I feel that my relationships with my whānau are very bad at present



OPTION 2

NHI number:

Gender: Male/Female

Date: __/__/__

Circle the response under each category which best reflects the way you think the tangata whaiora is feeling.

Wairua

1. I feel that the spiritual health of the tangata whaiora is extremely good at present
2. I feel that the spiritual health of the tangata whaiora is good at present
3. I feel that the spiritual health of the tangata whaiora is just okay at present
4. I feel that the spiritual health of the tangata whaiora is not good at present
5. I feel that the spiritual health of the tangata whaiora is very bad at present

Tinana

1. I feel that the physical health of the tangata whaiora is extremely good at present
2. I feel that the physical health of the tangata whaiora is good at present
3. I feel that the physical health of the tangata whaiora is just okay at present
4. I feel that the physical health of the tangata whaiora is not good at present
5. I feel that the physical health of the tangata whaiora is very bad at present

Hinengaro

1. I feel that the mental health of the tangata whaiora is extremely good at present
2. I feel that the mental health of the tangata whaiora is good at present
3. I feel that the mental health of the tangata whaiora is just okay at present
4. I feel that the mental health of the tangata whaiora is not good at present
5. I feel that the mental health of the tangata whaiora is very bad at present

Whānau

1. I feel that the relationships of the tangata whaiora with their whānau are extremely good at present
2. I feel that the relationships of the tangata whaiora with their whānau are good at present
3. I feel that the relationships of the tangata whaiora with their whānau are just okay at present
4. I feel that the relationships of the tangata whaiora with their whānau are not good at present
5. I feel that my relationships of the tangata whaiora with their whānau are very bad at present