

**Midland Eating Disorders Local - Bay of Plenty July - Sept 2011**

<b>Project Recommendations / Findings for Follow Up</b>	<b>Related Project</b>	<b>Status</b>	<b>Whom Responsible</b>	<b>Objective Heading</b>	<b>Planned Completion Date</b>	<b>Progress Comments &amp; Supporting Details</b>
General practice providers have increased knowledge of eating disorders and their presentations	<b>Midland Eating Disorders Strategic Plan 2009-2015</b>		For local implementation	Primary		BOPDHB Eds co-ordinator presented on EDs during Ground Round with medical staff and GPs from the community present. Wendy Radford, psychologist, presented on our EDs service during Dr Sue Bagshaw workshop on 19th April 2011
Primary care providers maintain clients with eating disorders at a local level			For local implementation	Primary	1-5 years	
Public Health providers are including messages relating to eating disorders in their planning for service delivery			For local implementation	Primary	1-3 years	
Primary health providers professional competence in working with clients with ED is increased			For local implementation	Primary	1-5 years	
Educational authorities recognise the early signs of school aged children / young people with eating and nutritional issues including any issues relating to obesity			For local implementation	Primary	5 plus years	
Kaupapa Maori primary health providers have increased knowledge and awareness of eating disorders within their populations			For local implementation	Primary	1-5 years	
Pacific People's primary health providers have increased knowledge and awareness of eating disorders within their populations			For local implementation	Primary	1-5 years	
Other identified ethnic groups are assisted in increasing their knowledge and awareness of eating disorders within their populations			For local implementation	Primary	5 -10 years	
Family and whanau have access to appropriate support groups where they can interact with others who have had similar experiences			For local implementation	Primary	2008 – 2009	BOPDHB has offered support group to Family/Whanau of Eds consumer since 2009. Another support group is to commence on 10th October 2011
Clear clinical pathways exist within secondary specialist services between mental health services and adult and paediatric medical services across both inpatient and outpatient settings			For local implementation	Secondary	2008-2009	Clinica Pathways are in place between MH Services and Paediatric/Adult Medical Services. Criteria for admission at paed inpatient, adult medical or adult psychiatric are well delineated
Family and whanau work in partnership with eating disorders professionals			For local implementation	Secondary	2008 - 2009	Family and whanau are an integral part of the treatment plan, Their participation in the development and implementation of the treatment plan is actively sought.
Clinical staff working with adults are trained in a range of treatment modalities for the management of clients with eating disorders			For local implementation	Secondary	2008 - 2009	BOPDHB has numerous clinicians with expertise in the diagnosis, treatment and management in Eds. Focus is on evidence based practice. Several external and internal trainings are constantly occurring (e.g. CRT, FBT, CBT, Motivational Interviewing. Most rec

All Midland region secondary specialist clinical staff with eating disorders expertise provide support to their local primary sector clinical and non clinical services staff to ensure pathways for care between primary and secondary services are			For local implementation	Secondary	5-10 years	BOPDHB has identified "champions" in Eds within the different services ( Adults and Children/ Adolescents both in Tauranga and Whakatane sites. These clinicians liaise with the primary sectors as well NGO agencies to provid support, consultation as needed
Service users can access a wide range of services appropriate to their needs and to what resources are available.			For local implementation	Secondary		Service users have access to a wide range of services including individual and family therapy;medication and psychiatric review;psychological assessment including psychometric; as per 6th October 2011, a NZ registered Dietitian/Nutritionist has been employe
Outpatient services are provided by multidisciplinary teams who have experience and skills in eating disorders work			For local implementation	Secondary	2008 - 2009	Treatment is provided by MDT with training and knowledge in Eds.Psychiatric, psychological,occupational,intensive specialist case manager support are provided.Other community based services are used as needed. For example, Flexi Funding from HCNZ have bee
Across Midland there is increased focus on a workforce, with multiple competencies, that may include service users and whanau			For local implementation	Secondary		As previously said, a dietician/nutritionist has joined the workforce and will commence on 6th october 2011. She is the mother of an Eds consumer and presented at the Midland forum in July 2011 on her experience of living with Eating Disorder.