

## MRN - Mental Health & Addictions Project Deliverables 2009 - 2012

Project Recommendations / Findings for Follow Up	Related Project	Status	Whom Responsible	Heading	Planned Completion Date	Progress Comments & Supporting Details
DHBs understand and confirm the NASC model that they have chosen (combined or separate needs assessment and service coordination functions). This service model is strengthened to enhance service user responsiveness and improve the matching of needs and aspirations to services.	<b>Midland Needs Assessment and Service Coordination Project May 2011</b>	Completed	Eseta	Service Model	1-Jun-11	Project report completed and signed off. Sent out for local guidance.
DHBs examine the range of community based services available to service users region wide and confirm what may be accessed nationally, regionally, sub regionally and locally for their service users. This information is retained and updated regularly		In progress	Eseta & MR PMgrs	Service Model	30-Dec-11	Regional service reporting templates developed.
DHBs work collaboratively to achieve consistency in systems and processes within the region including adopting standards, guidelines, service specifications, data collection and assessment tools.		In progress	Eseta & Roz Sorensen	Systems and Processes		Workshop with regional NASC services held in July and further workshop scheduled for Sept
DHBs confirm the preferred skill mix of their NASC teams and seek to develop NASC expertise using recruitment strategies, training programmes, a competency framework, and establishing a regular networking forum		Completed	Eseta & Roz Sorensen	Workforce	Regional component completed	x2 regional forums per year to be scheduled for 2012. Draft competency framework developed for finalising at Sept 11 meeting
The tables in this report that use utilisation data be updated in 12 months time	<b>Midland Region Mental Health and Addictions Needs Assessment May 2011</b>	To be undertaken June 12	Belinda	Systems and Processes	30-Jun-12	
DHBs seek access to aggregate local data from HealthStat Mental Health for use in future primary mental health planning processes		To be undertaken June 12	Belinda	Systems and Processes		
Developing champions in each area to roll out local training and support staff to complete their competency portfolio which is recognised by all of the professional registration bodies	<b>Takarangi Competency Framework Project 2011</b>	In progress	Ruth	Workforce	30-Oct-11	Round 2 of Phase I training workshops completed. Evaluation report to be completed. Champions workshops schedule throughout Sept and Oct 2011

All Midland primary care providers / social services agencies have access to information regarding antecedents to eating issues for their populations within their respective DHBs	<b>Midland Eating Disorders Strategic Plan 2009 - 2015</b>	Completed	Eseta	Primary	1 – 5 years	MREDSP distributed to all key stakeholders including PHO's and posted on the Midland Website publications page. Minutes from Regional Steering Group posted on the website
Telecommunications are used to enable clinicians to access expertise throughout the region at a national and international level		Completed	Eseta	Secondary	2008-2009	Completed
Clinical staff working with children and young people are trained in the management of clients with eating disorders		Completed	Eseta	Secondary	1-5 years	Completed regional over 2 year period. For local maintainace
Midland DHBs have in place clinical and service linkages regarding pathways for collaborative practice and support between them and the Auckland Regional Eating Disorders Services		Completed	Eseta	Secondary	2-5 years	Clinical Pathways developed and agreed regionally and supra-regionally
The current Midland Regional Supervision Contract with the Auckland Eating Disorders Service is reviewed and recommendations be developed		Completed	MR Portfolio Managers	Secondary	2008 – 2010	Supervision contract reviewed and managed regionally for 2 years. Now returned to local management
Each DHB identify Eating Disorder Liaison Specialist role for adult and child and adolescents		Completed	Eseta	Secondary	2 – 10 years	Roles appointed in all 5 Midland DHBs with regionally reporting to MoH quarterly. Now moved to local management
The Midland Region Mental Health Portfolio Managers Group plus Midland Regional Director recommend on the priorities for ED development at a local level		Completed	Eseta/MRPMgrs	Secondary	Commence 2008 – 2009 (ongoing)	Undertaken for 2 years regionally. Now managed at local level.
A Midland regional database of all clinical staff working in the field of eating disorders is available		Completed	Eseta	Secondary		ED Liaison roles form the Regional Steering Group and know the local staff
Future eating disorders service development is based on well researched and evidence based practice		Completed	Eseta	Secondary	2008 - 2009	Strategic plan developed utilising researched best practice
Information systems are developed and utilised across the five Midland DHBs to collect and report on data relating to ED		Completed	Eseta	Secondary	Commence 2008 – 2009 (ongoing)	PRIMHD collected ED clients in all DHBs
Establish a strategic alliance with the Auckland Regional ED Services to advance the development of tertiary services across both regions		Completed	Eseta	Tertiary	2008-2009	Completed
Information systems will track individual clients who require tertiary level services		In progress	Eseta	Tertiary	2008-2009	Discussion with NDSA re Midland input into NDSA Regional Service meeting. To firm up agreement.

Northern DHBs Shared Services and the Midland Regional Network scope the potential requirements for and location of any supra-regional inpatient service for the most severely ill service users		Completed	Eseta/GMs P&F	Tertiary	2008-2009	MR Director member of the NDSA/Midland Governance Steering Group for 2 years as continuum of care set up.
Service protocols for equitable access to specialist ED tertiary beds are developed once the bed situation is determined		Completed	Eseta	Tertiary	2010-2011	Clinical Pathways developed and agreed regionally and supra-regionally
Support and input from tertiary provider clinicians to provide "hub and spoke" supervision and training for all primary, secondary and NGO services involved in Eating Disorders that is additional to the current supervision and training arrangements		Completed	Eseta Dr Sue Mackersey	Tertiary	2008-2009	Hub and Spoke model finalised and discussion document completed. Agreed with REDS, Midland and Thrive.
An interim arrangement for access to tertiary beds is developed until scoping has been completed between the Midland and Northern regions		Completed	Eseta / MoH	Tertiary	2008-2009	Agreed with MoH to use Ashburn Hall in the interim
Clarify Ashburn Hall utilisation and decide where the needs of the adult Eating Disorders client group will be best met.		Completed	Eseta	Tertiary	2008-2009	Utilisation reviewed over two years. MoH decided not to release Ashburn Hall funding for ED as beds still relevant for other diagnostic groups who access them.
Staff across the sector are trained & supported to be CEP capable	<b>Midland Co-existing Disorders Strategic Plan 2010-2015</b>	Completed	Ruth	Workforce	2011	National Case Formulation workshop roll out undertaken across the five DHBs. Two workshops per DHB involving provider arm and NGO sector. Evaluation report completed and posted on Midland website.
Developing of comprehensive local and regional plans & strategies to increase CEP awareness		Completed	Eseta	Service Developmt	Nov-10	Regional CEP Strategic Plan developed with local Action Plans appendix to the plan.
Review of specialist FTE		Completed	Eseta	Service Developmt	2011	CEP Competency Framework developed following 2 workshops per DHBs and sector wide consultation was undertaken. CEP Competency Framework signed off by Clinical Leadership forum and posted on the Midland website.
Develop a Lakes Workforce Plan 2011 - 2015		To be commenced	Ruth	Workforce	2011	

Build up knowledge of the sector	<b>PRIMHD NGO Stage 3-5 Implementation Plan 2009-2011</b>	Completed	Vivienne / Belinda	Actions for Implementation	Jun-10	Workshops undertaken with each of the 78 NGOs where staff and managers were introduced to the PRIMHD project deliverables and expectations.
Establish communication links for up dates on progress of Project. As stated in Communication strategy outlined above		Completed	Vivienne / Belinda	Actions for Implementation	Dec-09	Communication Plan and Website set up which identified clear processes for accessing information and support. Both were linked to national, regional and local implementation
Implement Project Strategy		Completed	Vivienne / Belinda	Actions for Implementation	Jun-11	PRIMHD Steering Group implemented meeting bi-monthly who approved the Roll Out plan and received progress updates. Monthly Update Reports posted on the Midland website and areas of success celebrated on the Midland PRIMHD website page
The PRIMHD Implementation is evaluated		In progress	Belinda	Actions for Implementation	Oct-11	Monkey Survey undertaken to gain feedback from the sector. Draft report completed and for release to the sector.
<b>2010/11 Quarterly Updates</b>						
By 2014, the infrastructure for workforce development within the Midland Region is efficient, and supports the effective gathering and dissemination of information and efficient use of workforce resources, initiatives and activities.	<b>Midland MH&amp;A Workforce Strategic Plan 2011 - 2014</b>	In progress	Ruth	WFD Infrastructure	2014	Ongoing relationship with National Workforce Centres and representation/invitation on Workforce Advisory Group. Dissemination of workforce development updates/initiatives through Midland Regional Mental Health and Addictions website and distribution lists.

By 2014, effective recruitment and retention strategies ensure an adequate workforce across the Midland region.
By 2014, effective training and development initiatives ensure workforce capability across the Midland region.

In progress	Ruth	Recruitment and Retention	2014	Recent completion of Midland Region Lets Get Real NGO evaluation implementation report, championing local approaches to LGR implementation within the Midland region. Available on website. Consultation ongoing with provider arm and NGO services regarding LGR implementation (Te Pou); 7HH & CAPA (Werry); Addiction competencies - Matua Raki.
In progress	Ruth	Training and Development	2014	Over the 4th quarter of 2010 & 1st of 2011, the following has occurred: Completion and release of the Midland LGR NGO evaluation implementation report 2010. Coordination and completion of phase I Takarangi Competency Framework with evaluation to be completed. Secured one off funding for Real Skills Seitapu with delivery negotiation occurring for delivery 3rd quarter in 2012. Coordination of 2 CEP Case Co-ordinaton workshops per Midland DHB area. Completion of Midland Maudsley Treatment Evaluation report (available on website), and support to Werry Maudsley training Hub & Spoke.

By 2014, organisations across the Midland Region are supported to work together to be responsive to environmental change		In progress	Ruth	Organisational Development	2014	As per above, completion of LGR NGO implementation report, promoting Midland NGO application of enablers. Follow up with Provider arm services have commenced since March 2011, however, due to external uncertainty for workforce centres, some time lags in delivery of provider arm workshops.
By 2014, Midland services have a current picture of the research and evaluation activities in the region		In progress	Ruth	Research and Evaluation	2014	Consistent evaluation reports to be provided for all workforce projects. Currently still investigating most appropriate evaluation process.
<b>2010/11 Annual Update</b>						
1.1 build on national strategies, initiatives and services that increase public awareness and understanding of mental health and addictions issues.	<b>Midland MH&amp;A Strategic Plan 2009 - 2015</b>	On Track	MRN Team	Promotion and Prevention	2015	Midland website maintained and updated monthly and published widely
1.3 ensure the Midland Regional Mental Health website contains up to date information about:		Completed	MRN Team	Promotion and Prevention	2015	Completed and ongoing
i. prevalence data for all diagnostic groups of mental illness in the Midland region		Completed	MRN Team	Promotion and Prevention	2015	Needs Assessment completed Jan 2011
ii. training and development information for the mental health workforce		On Track	MRN Team	Promotion and Prevention	2015	Workforce pages updated monthly
1.4 ensure 'Lets Get Real' training includes recovery workshops for training of all participants in the mental health workforce and ensure all regionally developed and provided services are recovery oriented and strengths based.		On Track	MRN Team	Promotion and Prevention	2015	LGR Enablers workshops provided throughout 09/10 and continue throughout 2011.
1.5 availability of local consumer advisory and family whanau support networks to assist people with mental illness if they feel discriminated against, and that there is regional support for the consumer advisors and family/whanau advisors in the sharing best practice activities and networking across the region for support. That will ensure that services are more inclusive of consumers, families/whanau and Kaumatua/Kuia.		On Track	MRN Team	Promotion and Prevention	2015	Regional He Tipuana Nga Kakano continues with a strategic foci. Agenda and minutes published on the Midland website quarterly
2.1 represented on forums to develop national service frameworks for mental health and addictions and the region will utilise national mental health and addictions service frameworks to allow for service re-design and flexible funding.		On Track	MRN Team	Building Mental Health Services	2015	A number of national guidelines published in 10/11 which has had a regional response. All published on the website.

2.2 utilise new funding structures and business rules, and contracting processes which are established nationally and implement these locally and regionally where appropriate	On Track	MRN Team	Building Mental Health Services	2015	Midland Eating Disorders and Midland Dementia Advisor established using the MoH new funding business rules. Supra-regional relationships developed with NDSA.
2.3 utilise an agreed prioritisation framework which is developed and implemented for allocating resources to regional projects and for contracting new regionally provided services such as for high & complex needs, forensic services, child/tamariki & youth/rangatahi, eating disorders, and older persons/Kaumataua and Kuia mental health services	On Track	MRN Team	Building Mental Health Services	2015	As above
2.4 ensure that any regional services are developed within a well connected continuum of services that is available to service users	On Track	MRN Team	Building Mental Health Services	2015	Eating Disorders strategy developed locally being well connected to the supra-regional relationship with NDSA. Prison SLA developed utilising a supra-regional approach with Waitemata DHB.
2.5 ensure that services for older people are developed and ensures that cross sector integration occurs to improve access for older people with co-morbidity dementia, disability, medical or mental health needs	On Track	MRN Team	Building Mental Health Services	2015	Regional Dementia Advisory role established. MHSOP continuum yet to be fully developed. Foci will be late 2011
3.2 ensure Maori participation in service planning and delivery	On Track	MRN Team	Responsiveness	2015	Nga Purei Whakataa Ruamano well established and linked to national strategy development. Focus for 2010/11 is Whanau Ora. Agenda and minutes on website.
3.4 ensure Service Users and family whanau participation in service planning and delivery.	On Track	MRN Team	Responsiveness	2015	He Tipuana Nga Kakano and Generating Action for Families Whanau well established and well connected to national developments
3.7 ensure that regionally agreed strategic plans are implemented with a particular focus on clients with high and complex needs, forensic needs and specialist eating disorders service development.	Completed	MRN Team	Responsiveness	2015	Completed
4. See Midland Workforce Development Strategic Plan objectives		Ruth	Workforce and Recovery	2015	

5.1 Strengthening Maori providers to enhance capability and capacity through competency based professional development programmes	On Track	MRN Team	Maori Health	2015	Takarangi Competency Framework implemented throughout 2009/10/11
5.2 ensure ongoing commitment at a regional level to maintaining responsiveness to Maori mental health. Some of the strategic priorities have already been articulated in this plan.	Completed	MRN Team	Maori Health	2015	Completed. Nga Purei Whakataa Ruamano continue to provide technical advice. Well established relationships with the Maori Health GMs
5.3 pilot Whanau Ora and the Takarangi Framework with the Midland region	On Track	MRN Team	Maori Health	2015	Whanau Ora in progress at local level. Regional approach undertaken to Takarangi
6.1 Most primary care initiatives will be locally planned within individual DHBs but Regional Midland Mental Health Network activity will support from the perspective of health promotion and illness prevention – please refer Leading Challenge 1 – particularly 1.1 and 1.2	On Track	MRN Team	Primary Health Care	2015	Support provided to the development of the Midland Health Network Business Case, SLAT and Primary MH pilots in 2010/11
7.1 ensure all Midland region clients requiring services for addiction will be able to access these within the Midland geographic region in order to improve access to these specialist services.	On Track	MRN Team	Addiction	2015	Midland website page updated monthly
7.2 evaluate the community detoxification programme and the findings will enable forward planning of this service to best meet the needs of service users.	Completed	MRN Team	Addiction	2015	Completed
7.3 ensure that future planning for services catering for coexisting mental health and addictions disorders will align to Ministry of Health guidelines and strategies	Completed	MRN Team	Addiction	2015	See CEP Strategic Plan objectives
7.4 undertake a regional stocktake of addictions services to ascertain the range of services being provided locally and regionally	Completed	MRN Team	Addiction	2015	Completed with Needs Assessment
7.5 establish a Midland Addictions regional forum that is inclusive of problem gambling, methadone, Detox services, community, residential and is representative of the age range	Completed	MRN Team	Addiction	2015	Completed see Midland website
8.1 ensure agreed access protocols are developed between local, regional and intra-regional mental health and addictions services	On Track	MRN Team	Funding Mechanisms for Recovery	2015	In progress for regional services
8.3 conduct service reviews for high and complex needs and forensic services incorporating innovative funding models so that seamless delivery of service occurs between providers and across service and geographic boundaries.	On Track	MRN Team	Funding Mechanisms for Recovery	2015	Projects identified to commence in October 2011
8.4 ensure that a 5-year cycle of reviews will be planned and agreed – outputs of the reviews will focus on recovery and best practice service development.	On Track	MRN Team	Funding Mechanisms for Recovery	2015	Scheduled for 2014 in preparation for revised Strategic Plan 2015 - 2020

9.1 ensure that while local DHBs are involved in ensuring quality services are provided in their respective districts through robust monitoring, evaluation and quality improvement activities, the MRMH&AN will evaluate identified services as agreed with DHB portfolio managers.	On Track	MRN Team	Transparency and Trust	2015	MoH reporting consistently being distributed to regional PMgrs groups. PRIMHD reporting still to be developed. Regional and national bed utilisation reporting mechanisms still being finalised
9.2 ensure that regional forums are convened to share information and innovations.	Completed	MRN Team	Transparency and Trust	2015	Completed
9.3 ensure timely, accurate and comprehensive service availability; utilisation and outcomes information is captured for regional services and reported. The Network will do this by the following actions:		MRN Team	Transparency and Trust	2015	
- Implement the national Mental Health and Addictions Information Strategy	Completed	MRN Team	Transparency and Trust	2015	PRIMHD NGO Stage 3-5 project completed. Input into HISO review underway 2011
- Implement PRIMHD (progressing integration of mental health data) to Phase 3-5 NGOs – this will require regional coordination and getting all services ready around collection of data.	Completed	MRN Team	Transparency and Trust	2015	Completed
- Accurate information is used in planning and decision-making - A further Needs Analysis of mental health and addictions services across the Midland region is undertaken	Completed	MRN Team	Transparency and Trust	2015	Needs Assessment completed Jan 2011 Needs Assessment completed Jan 2011
10.1 maintain the regional network structure to continue to provide the leadership and decision-making capability and foster relationship building activities across the region	Completed	MRN Team	Working Together	2015	Completed. Movement into a Regional Shared Services model will impact on Clinical Governance - project underway an expected to be completed by Oct11
10.2 ensure maintenance of close linkages between national mental health and addiction organisations and the Ministry of Health/Mental Health Commission in implementing regional mental health and addiction plans	Completed	MRN Team	Working Together	2015	Completed - continues to be a priority for the Midland Regional Director
10.3 ensure collaborative and inclusive consultation occurs across multi-sectors for regional planning, implementation and evaluation of regional mental health services	Completed	MRN Team	Working Together	2015	Completed and continues. Technical Reference Groups and website utilised for consultation and feedback processes.
10.4 ensure seamless relationships are developed and enhanced with the Planning and Funding, Maori Health and the Regional Network	Completed	MRN Team	Working Together	2015	Completed. Core relationships with GMs P&F and Maori Health will continue in the Shared Services model.